

THE ROLE OF TECHNOLOGY IN ALLEVIATING ISOLATION: A STUDY WITH SPECIAL REFERENCE TO AGED PARENTS IN TRANSNATIONAL FAMILIES IN PATHNAMTHITTA DISTRICT

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ABSTRACT

The research delves into the impact of technology on alleviating social isolation among aged parents in Pathanamthitta District within the context of transnational families. With a focus on socio-economic status, technology usage patterns, emotional well-being, and challenges faced, the study reveals a demographic leaning toward ages 60-79, predominantly widowed and retired individuals. Findings indicate a significant adoption of smartphones, daily technology engagement, and improved emotional well-being through enhanced communication. Identified challenges include technical difficulties and health-related issues, prompting seven actionable suggestions for intervention. By drawing insights from various studies, the research contributes a nuanced perspective, providing a foundation for future initiatives to support aged parents in the evolving technological landscape.

KEYWORDS: *Aged Parents, Technology Adoption, Social Isolation*

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